Count: 64
Wall: 2
Level: Improver
Choreographer: Dee Musk (UK) - March 2022
Music: I Hate This - Tenille Arts : (Album; Love, Heartbreak \& Everything in Between)

\#32 count Intro - Start just after main vocals on the word 'Here'.
Approx. 12 Seconds. BPM 160.
Cross Rock, Side Rock, Behind, Hold, Side Rock.
1-4 Cross rock $R$ over $L$, recover weight to $L$, rock $R$ to $R$ side, recover weight to $L$.
5-8 Cross step $R$ behind $L$, hold count 6, rock $L$ to $L$, recover weight to $R$. 12 o'clock.
Cross, Rock, Side, Rock, Behind, Hold, Side, Rock.
1-4 Cross rock $L$ over $R$, recover weight to $R$, rock $L$ to $L$ side, recover weight to $R$.
5-8 Cross Step L behind R, hold count 6, rock R to R, recover weight to L. 12 o'clock.
**R** During wall 3 , begin again facing 12 o'clock.
Behind, Side, Cross, Sweep, Cross, Side, Behind, Sweep.

| $1-4$ | Cross step $R$ behind $L$, step $L$ to $L$ side, cross $R$ over $L$, sweep $L$ in front of $R$. |
| :--- | :--- |
| $5-8$ | Cross step $L$ over $R$, step $R$ to $R$ side, cross step $L$ behind $R$, sweep $R$ behind $L$. |
| 12 | o'clock. |
| $1 / 4$ Sailor Turn, Cross, Scissor, Cross. |  |
| $1-4$ | Cross step $R$ behind $L$, make $1 / 4$ turn $R$ stepping back on $L$, cross $R$ over $L$, hold 4 |
| $5-8$ | Step $L$ to $L$ side, step $R$ beside $L$, cross $L$ over $R$, hold count 8.3 o'clock. |

Rumba Box Back, Hold, Rumba Box Forward, Hold.

| $1-4$ | Step $R$ to $R$ side, close $L$ beside $R$, step back on $R$, hold count 4. |
| :--- | :--- |
| $5-8$ | Step $L$ to $L$ side, close $R$ beside $L$, step forward on $L$, hold count 8 . 3 o'clock. |

Step, Hold, $1 / 2$ Turn L, Hold, Step, Hold, $1 / 4$ Turn L, Hold.
1-4 Step forward on $R$, hold count 2 , make $1 / 2$ turn $L$, hold count 4 .
5-8 Step forward on $R$, hold count 6 , make $1 / 4$ turn $L$, hold count 8.6 o'clock.
Cross, Rock, Side, Hold, Cross, Rock, Side, Hold.
1-4 Cross rock $R$ over $L$, recover weight to $L$, step $R$ to $R$ side, hold count 4 .
5-8 Cross rock $L$ over $R$, recover weight to $R$, step $L$ to $L$ side, hold count 8.6 o'clock.
Mambo $1 / 2$ Turn Right, Hold, Step $1 / 2$ Turn Right, Step, Hold.
1-4 Rock forward on R, recover weight to L, make $1 / 2$ turn Right, hold count 4.
5-8 Step forward $L$, make $1 / 2$ turn $R$, step forward on $L$, hold count 8.6 o'clock.
Non Turning Alternative; Forward Mambo, Hold, Coaster Step, Hold.
**Restart** during wall 3 facing 12 o'clock. Dance up to and including count 8 of Section 2.

Enjoy : deedeemusk@gmail.com

